






January 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 NEW YEAR'S DAY 10:30am- Exercise 2:00pm- Movie Matinee <i>"Singin' in the Rain"</i> (Theater Room) 3:30pm- Walking Club	
2 10:30am- Televised Church Service from James River Church (Theater Room) 2:00pm- Movie Matinee <i>"A League of Their Own"</i> (Theater Room)	3 Resolution Day 10:00am- Exercise 10:30am- Hydration Cart 11:00am- Trivia 2:00pm- Bingo 3:00pm- Farkle	4 Tasty Tuesday 10:00am- Exercise 10:30am- Hydration Cart 11:00am- Wheel of Fortune 2:00pm- Movie Matinee <i>"A Few Good Men"</i> 2:30pm- Country Drive (Outing) 3:30pm- Card Games	5 Bucket List Day 10:00am- Exercise 10:30am- Hydration Cart 11:00am- Family Feud 2:00pm- Bingo 3:00pm- Create a Bucket List	6 New Activity Day 10:00am- Exercise 10:30am- Hydration Cart 11:00am- 21 Questions 2:00pm- Crafts with Carrie 3:30pm- Book Club	7 Dress to Impress Day 10:00am- Exercise 10:30am- Hydration Cart 11:00am- Bible Study 2:00pm- Bingo 4:00pm- Happy Hour w/The Jan & Bob Alder Band	8 10:30am- Exercise 2:00pm- Movie Matinee <i>"Steel Magnolias"</i> (Theater Room) 3:30pm- Walking Club
9 10:30am- Televised Church Service from James River Church (Theater Room) 2:00pm- Movie Matinee <i>"The Pirates of Penzance"</i> (Theater Room)	10 10:00am- Exercise 10:30am- Hydration Cart 11:00am- Fact or Fiction 2:00pm- Bingo 3:00pm- Farkle	11 10:00am- Exercise 10:30am- Hydration Cart 11:00am- Wheel of Fortune 2:00pm- Movie Matinee <i>"Forrest Gump"</i> 2:30pm- Country Drive (Outing) 3:30pm- Card Games	12 10:00am- Exercise 10:30am- Hydration Cart 11:00am- Would You Rather 2:00pm- Bingo 3:00pm- Music w/Isaac Kenneth	13 10:00am- Exercise 10:30am- Hydration Cart 11:00am- 21 Questions 2:00pm- Crafts with Carrie 3:30pm- Book Club	14 10:00am- Exercise 10:30am- Hydration Cart 11:00am- Bible Study 2:00pm- Bingo 4:00pm- Happy Hour w/Lou Le Brun	15 10:30am- Exercise 2:00pm- Movie Matinee <i>"Secondhand Lions"</i> (Theater Room) 3:30pm- Walking Club
16 10:30am- Televised Church Service from James River Church (Theater Room) 2:00pm- Movie Matinee <i>"RED"</i> (Theater Room)	17 10:30am- Exercise 10:30am- Hydration Cart 11:00am- Trivia 2:00pm- Bingo 3:00pm- Card Games	18 10:00am- Exercise 10:30am- Hydration Cart 11:00am- Wheel of Fortune 2:00pm- Movie Matinee <i>"The Majestic"</i> 2:30pm- Country Drive (Outing) 3:30pm- Card Games	19 10:00am- Exercise 10:30am- Hydration Cart 11:00am- Family Feud 2:00pm- Bingo 3:00pm- Write Your Life Story	20 10:00am- Exercise 10:30am- Hydration Cart 11:00am- 21 Questions 2:00pm- Music w/The Happy Hour Prices 3:30pm- Book Club	21 10:00am- Exercise 10:30am- Hydration Cart 11:00am- Bible Study 2:00pm- Bingo 4:00pm- Happy Hour	22 10:30am- Exercise 2:00pm- Movie Matinee <i>"Woman in Gold"</i> (Theater Room) 3:30pm- Walking Club
23 10:30am- Televised Church Service from James River Church 2:00pm- Movie Matinee <i>"Kelly's Heroes"</i>	24 10:00am- Exercise 11:00am- Fact or Fiction 2:00pm- Bingo 3:00pm- Farkle	25 10:00am- Exercise 10:30am- Hydration Cart 11:00am- Wheel of Fortune 2:00pm- Movie Matinee <i>"Overboard"</i> 2:30pm- Country Drive (Outing) 3:30pm- Card Games	26 10:00am- Exercise 10:30am- Hydration Cart 11:00am- Would you Rather 2:00pm- Health Talk w/Lisa Murphy 3:30pm- Bingo	27 10:00am- Exercise 10:30am- Hydration Cart 11:00am- 21 Questions 2:00pm- Crafts with Carrie 3:30pm- Painting Class w/Susan Jones	28 10:00am- Exercise 10:30am- Hydration Cart 11:00am- Bible Study 2:00pm- Bingo 4:00pm- Happy Hour w/Mac McDonald	29 10:30am- Exercise 2:00pm- Movie Matinee <i>"The Count of Monte Cristo"</i> (Theater Room) 3:30pm- Walking Club
30 10:30am- Televised Church Service from James River Church 2:00pm- Movie Matinee <i>"Father of the Bride"</i>	31 10:00am- Exercise 11:00am- Trivia 2:00pm- Bingo 3:00pm- Farkle					

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