




March 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:30am- A Matter of Balance Program w/MU Extension 1:15pm- Sit and Be Fit 2:00pm- Music w/Jan & Bob Alder Band 3:30pm- Bingo	2 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 2:00pm- Absentee Ballot Application Meeting 3:00pm- Country Drive (Outing) 4:00pm- Travel Time	3 9:30am- Improved Health Exercise Video 11:00am- Bible Study 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:30pm- Happy Hour	4 10:30am- Morning Exercise (Springhouse TV Channel 2501) 1:30pm- Movie Matinee <i>"Top Gun: Maverick"</i> 2:00pm- Crochet & Knitting Club 3:00pm- Group Walk Around the Building
5 10:30am- Morning Church Service (Springhouse TV Channel 2501) 1:30pm- Movie Matinee <i>"Barefoot in the Park"</i> 2:00pm- Puzzle Club 3:00pm- Group Walk Around the Building 4:00pm- Afternoon Church Service (Springhouse TV Channel 2501)	6 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing) 4:00pm- Travel Time	7 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 2:00pm- Blackjack 3:00pm- Coloring Club 4:00pm- Family Feud (iN2L)	8 9:30am- A Matter of Balance Program w/MU Extension 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:00pm- White Board Games 4:00pm- Brain Games (iN2L)	9 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 2:00pm- Hymns & Communion w/Chaplain Elizabeth 3:30pm- Farkle	10 9:30am- Improved Health Exercise Video 11:00am- Bible Study 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:30pm- Happy Hour w/Music by Scott Bussen	11 10:30am- Morning Exercise (Springhouse TV Channel 2501) 1:30pm- Movie Matinee <i>"The Help"</i> 2:00pm- Crochet & Knitting Club 3:00pm- Group Walk Around the Building
12 DAYLIGHT SAVINGS TIME <i>(Set Clocks Forward 1 Hour)</i> 10:30am- Morning Church Service (Springhouse TV Channel 2501) 1:30pm- Movie Matinee <i>"My Fair Lady"</i> 2:00pm- Puzzle Club 3:00pm- Group Walk Around the Building 4:00pm- Afternoon Church Service (Springhouse TV Channel 2501)	13 MAGICAL MONDAY 9:30am- Improved Health Exercise Video 11:00am- Morning Exercise (Springhouse TV Channel 2501) 1:30pm- Bingo 2:30pm- Magical Movie <i>"The Luck of the Irish"</i> 3:00pm- Magical Country Drive (Outing) 4:00pm- Resident Card Games	14 POT O' GOLD DAY <i>(Wear Gold)</i> 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Educational Program: <i>"Grief & Dementia"</i> Presented by Terrace Home Health & Hospice (Clubhouse) 2:00pm- Pot O' Gold 5 Card Draw Poker 3:00pm- Pot O' Gold Craft 4:00pm- Family Feud (iN2L)	15 TASTE THE RAINBOW DAY <i>(Wear Rainbow Colors)</i> 9:30am- A Matter of Balance Program w/MU Extension 11:30am- Photos w/Leprechaun Tim (Dining Room) 1:15pm- Sit and Be Fit 2:00pm- Taste the Rainbow Social w/Music by Isaac Kenneth 3:30pm- Bingo	16 LUCK O' THE IRISH DAY 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 2:00pm- Luck O' the Irish Blackjack 3:30pm- Luck O' the Irish Farkle	17 ST. PATRICK'S DAY <i>(Wear Green)</i> 9:30am- Improved Health Exercise Video 11:00am- Bible Study 1:15pm- Sit and Be Fit 2:00pm- St. Patrick's Day Bingo Bonanza 3:30pm- St. Patrick's Day Happy Hour w/Music by Rev. Paul, The Red Shoed Singer	18 10:30am- Morning Exercise (Springhouse TV Channel 2501) 1:30pm- Movie Matinee <i>"Indiana Jones and the Temple of Doom"</i> 2:00pm- Crochet & Knitting Club 3:00pm- Group Walk Around the Building
19 10:30am- Morning Church Service (Springhouse TV Channel 2501) 1:30pm- Movie Matinee <i>"Fancy Pants"</i> 2:00pm- Puzzle Club 3:00pm- Group Walk Around the Building 4:00pm- Afternoon Church Service (Springhouse TV Channel 2501)	20 FIRST DAY OF SPRING 9:30am- Improved Health Exercise Video 10:30am- Bingo <i>***Bistro Reserved from 2:00pm-3:00pm for Staff Meeting***</i> 3:00pm- Country Drive (Outing) 4:00pm- Travel Time	21 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 2:00pm- Bocce Ball 3:00pm- Fingernail Painting 4:00pm- Family Feud (iN2L)	22 9:30am- Shopping Outing: Walmart Supercenter 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:30pm- Spring Bazaar	23 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 2:00pm- Farkle 3:30pm- Health Talk w/Lisa Murphy <i>"Balance"</i>	24 9:30am- Improved Health Exercise Video 11:00am- Bible Study 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:30pm- Song Request Happy Hour	25 10:30am- Morning Exercise (Springhouse TV Channel 2501) 1:30pm- Movie Matinee <i>"Runaway Bride"</i> 2:00pm- Crochet & Knitting Club 3:00pm- Group Walk Around the Building
26 10:30am- Morning Church Service (Springhouse TV Channel 2501) 1:30pm- Movie Matinee <i>"Roustabout"</i> 2:00pm- Puzzle Club 3:00pm- Group Walk Around the Building 4:00pm- Afternoon Church Service (Springhouse TV Channel 2501)	27 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing) 4:00pm- Travel Time	28 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 2:00pm- Blackjack 3:00pm- Coloring Club 4:00pm- Family Feud (iN2L)	29 9:30am- Shopping Outing: Walgreens 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:00pm- White Board Games 4:00pm- Brain Games (iN2L)	30 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 2:00pm- Spring Afternoon Tea 3:30pm- Farkle	31 9:30am- Improved Health Exercise Video 11:00am- Bible Study 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:30pm- Country Western Happy Hour	