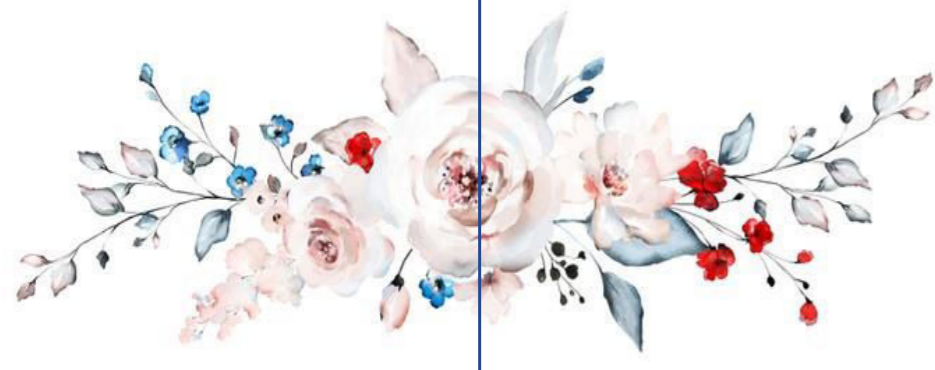



# August 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Morning Devotional <b>1:15pm-</b> Sit and Be Fit <b>2:00pm-</b> Wheel of Fortune <b>3:30pm-</b> Farkle	<b>2</b> <b>FITNESS ROOM RESERVED FOR PODIATRIST – NO EXERCISE CLASSES TODAY</b> <b>9:30am-</b> Shopping Outing: Neighborhood Walmart <b>2:00pm-</b> Learn A New Card Game: Rummy <b>3:30pm-</b> Bingo <b>6:30pm-</b> Church At My House Televised Wednesday Night Service (Channel 2501)	<b>3</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Morning Devotional <b>1:15pm-</b> Sit and Be Fit <b>2:00pm-</b> Be Well w/Aegis <b>3:30pm-</b> Blackjack	<b>4</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Bible Study <b>1:15pm-</b> Sit and Be Fit <b>2:00pm-</b> Early Happy Hour w/Music by The Happy Plunkers <b>3:30pm-</b> Bingo	<b>5</b> <b>11:00am-</b> Morning Exercise (Channel 2501) <b>1:30pm-</b> Movie Matinee <b>“Apollo 13”</b> <b>2:00pm-</b> Resident Card Games <b>3:30pm-</b> Afternoon Walk
<b>6</b> <b>9:30am-</b> Kimberling City Methodist Church Televised Service (Channel 2501) <b>11:00am-</b> Morning Exercise (Channel 2501) <b>1:30pm-</b> Puzzle Club <b>2:30pm-</b> Church Service & Hymns w/One Community Church (Bistro) <b>3:30pm-</b> Afternoon Walk	<b>7</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Chicken Soup for the Soul Reading <b>1:30pm-</b> Bingo <b>2:30pm-</b> Resident Card Games <b>3:00pm-</b> Country Drive w/Andy’s Frozen Custard (Outing)	<b>8</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Morning Devotional <b>1:15pm-</b> Sit and Be Fit <b>1:30pm-</b> Educational Program <b>“Medicare Trends 101”</b> Presented by Missouri Medicare Advisors (Clubhouse) <b>2:00pm-</b> 21 Questions <b>3:30pm-</b> Farkle	<b>9</b> <b>9:30am-</b> Improved Health Exercise Video <b>10:45am-</b> Lunch Outing: Rosie Jo’s <b>2:00pm-</b> Music w/The Happy Hour Prices <b>3:30pm-</b> Bingo <b>6:30pm-</b> Church At My House Televised Wednesday Night Service (Channel 2501)	<b>10</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Morning Devotional <b>1:15pm-</b> Sit and Be Fit <b>2:00pm-</b> Hymns & Communion w/Chaplain Elizabeth <b>3:30pm-</b> Poker	<b>11</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Bible Study <b>1:15pm-</b> Sit and Be Fit <b>2:00pm-</b> Bingo <b>3:30pm-</b> Happy Hour w/Greg Ridenhour	<b>12</b> <b>11:00am-</b> Morning Exercise (Channel 2501) <b>2:00pm-</b> Music w/CAROL Reinert & Harry Beckett <b>3:30pm-</b> Afternoon Walk
<b>13</b> <b>9:30am-</b> Kimberling City Methodist Church Televised Service (Channel 2501) <b>11:00am-</b> Morning Exercise (Channel 2501) <b>1:30pm-</b> Puzzle Club <b>2:30pm-</b> Church Service & Hymns w/One Community Church (Bistro) <b>3:30pm-</b> Afternoon Walk	<b>14 SPIRIT WEEK</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Chicken Soup for the Soul Reading <b>1:30pm-</b> Bingo <b>2:30pm-</b> Resident Card Games w/Coffee & Cookies <b>3:00pm-</b> Country Drive (Outing) <b>4:15pm-</b> Sit and Be Fit	<b>15 SPIRIT WEEK</b> <b>9:30am-</b> Improved Health Exercise Video <b>10:30am-</b> Muffins & Mimosas Social <b>1:15pm-</b> Sit and Be Fit <b>2:00pm-</b> Summer Craft w/Aegis <b>3:30pm-</b> Farkle	<b>16 SPIRIT WEEK</b> <b>9:30am-</b> Improved Health Exercise Video <b>9:30am-</b> Shopping Outing: Dollar Tree <b>1:15pm-</b> Sit and Be Fit <b>2:00pm-</b> Ice Cream Cone Social w/Music by Isaac Kenneth <b>3:30pm-</b> Bingo <b>6:30pm-</b> Church At My House Televised Wednesday Night Service (Channel 2501)	<b>17 SPIRIT WEEK</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Morning Devotional <b>1:30pm-</b> Movie Matinee <b>“American Underdog”</b> <b>BISTRO RESERVED 2:00pm - 3:00pm FOR STAFF MEETING</b> <b>3:30pm-</b> Afternoon Tea	<b>18 SPIRIT WEEK</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Bible Study <b>1:15pm-</b> Sit and Be Fit <b>2:00pm-</b> Bingo <b>3:30pm-</b> Happy Hour w/Fresh Watermelon & Watermelon Cocktails	<b>19</b> <b>11:00am-</b> Morning Exercise (Channel 2501) <b>1:30pm-</b> Movie Matinee <b>“The Greatest Showman”</b> <b>2:00pm-</b> Resident Card Games <b>3:30pm-</b> Afternoon Walk
<b>20</b> <b>9:30am-</b> Kimberling City Methodist Church Televised Service (Channel 2501) <b>11:00am-</b> Morning Exercise (Channel 2501) <b>1:30pm-</b> Puzzle Club <b>2:30pm-</b> Church Service & Hymns w/One Community Church (Bistro) <b>3:30pm-</b> Afternoon Walk	<b>21</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Morning Exercise (Channel 2501) <b>1:30pm-</b> Bingo <b>2:30pm-</b> Resident Card Games <b>3:00pm-</b> Country Drive (Outing)	<b>22</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Morning Devotional <b>1:30pm-</b> Veteran’s Café w/Military Trivia & Ice Cream Sandwiches <b>2:45pm-</b> Sit and Be Fit <b>3:30pm-</b> Farkle	<b>23</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Bocce Ball <b>1:15pm-</b> Sit and Be Fit <b>2:00pm-</b> Dickerson Park Zoo Presents <b>“Radical Reptiles”</b> <b>3:30pm-</b> Bingo <b>6:30pm-</b> Church At My House Televised Wednesday Night Service (Channel 2501)	<b>24</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Morning Devotional <b>1:15pm-</b> Sit and Be Fit <b>2:00pm-</b> Blackjack <b>3:30pm-</b> Health Talk w/Lisa Murphy <b>“Hearing Health”</b>	<b>25</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Bible Study <b>1:15pm-</b> Sit and Be Fit <b>2:00pm-</b> Bingo <b>3:30pm-</b> Happy Hour w/Music by Rev. Paul the Red Shoe Singer	<b>26</b> <b>11:00am-</b> Morning Exercise (Channel 2501) <b>1:30pm-</b> Movie Matinee <b>“Cool Runnings”</b> <b>2:00pm-</b> Resident Card Games <b>3:30pm-</b> Afternoon Walk
<b>27</b> <b>9:30am-</b> Kimberling City Methodist Church Televised Service (Channel 2501) <b>11:00am-</b> Morning Exercise (Channel 2501) <b>1:30pm-</b> Puzzle Club <b>2:30pm-</b> Church Service & Hymns w/One Community Church (Bistro) <b>3:30pm-</b> Afternoon Walk	<b>28</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Chicken Soup for the Soul Reading <b>1:30pm-</b> Bingo <b>2:30pm-</b> Resident Card Games <b>3:00pm-</b> Country Drive (Outing) <b>3:30pm-</b> Fingernail Painting <b>4:15pm-</b> Sit and Be Fit	<b>29</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Morning Devotional <b>1:15pm-</b> Sit and Be Fit <b>2:00pm-</b> Family Feud <b>3:30pm-</b> Farkle	<b>30</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Bocce Ball <b>1:15pm-</b> Sit and Be Fit <b>2:00pm-</b> Learn A New Card Game: 5 Crowns <b>3:30pm-</b> Bingo <b>6:30pm-</b> Church At My House Televised Wednesday Night Service (Channel 2501)	<b>31</b> <b>9:30am-</b> Improved Health Exercise Video <b>11:00am-</b> Morning Devotional <b>1:15pm-</b> Sit and Be Fit <b>2:00pm-</b> Poker <b>3:30pm-</b> Paint Party w/Susan Jones	