

November 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:30am- Improved Health Exercise Video 9:30am- Shopping Outing: Dollar General 1:15pm- Sit and Be Fit 2:00pm- Help Carrie Cut Out Leaves for Thankfulness Tree 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	2 9:30am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Be Well w/Aegis <i>"Cognitive Benefits of Speech Therapy"</i> 3:30pm- Blackjack	3 9:30am- Improved Health Exercise Video 11:00am- Bible Study 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:30pm- Happy Hour	4 11:00am- Morning Exercise (Channel 2501) 1:30pm- Movie Matinee <i>"Miracle at Midnight"</i> 2:00pm- Resident Card Games 3:30pm- Afternoon Walk
5 DAYLIGHT SAVINGS TIME ENDS (SET CLOCKS BACK ONE HOUR) 9:30am- Televised Church Service (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Club 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:30pm- Afternoon Walk	6 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing) 4:15pm- Funny Facts w/Carrie	7 9:30am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Wheel of Fortune 3:30pm- Farkle	8 9:30am- Improved Health Exercise Video 9:30am- Shopping Outing: Walgreens 1:15pm- Sit and Be Fit 2:00pm- Veterans Day Documentary <i>"America's Hidden History: Veterans Day"</i> 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	9 9:30am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Hymns & Communion w/Chaplain Elizabeth 3:30pm- Poker	10 9:30am- Improved Health Exercise Video 11:00am- Bible Study 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:30pm- Happy Hour w/Music by Aaron Link	11 VETERANS DAY 11:00am- Morning Exercise (Channel 2501) 1:30pm- War Movie <i>"Midway (2019)"</i> 2:00pm- Resident Card Games 3:30pm- Afternoon Walk
12 9:30am- Televised Church Service (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:00pm- Veterans Day Ceremony w/VFW Post 3404 3:30pm- Music by Squeeze Play	13 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing) 4:15pm- Funny Facts w/Carrie	14 9:30am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 1:30pm- Educational Program <i>"Savvi Lifestyle"</i> Presented by Joyce Bellum (Clubhouse) 2:00pm- Wheel of Fortune 3:30pm- Farkle	15 9:30am- Improved Health Exercise Video 11:00am- Bocce Ball 1:15pm- Sit and Be Fit 2:00pm- Music by Isaac Kenneth 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	16 9:30am- Improved Health Exercise Video 11:00am- Bible Study 1:30pm- Blackjack 3:00pm- Paint Party w/Susan Jones	17 9:30am- Improved Health Exercise Video 10:30am- Bingo 1:15pm- Sit and Be Fit BISTRO RESERVED 2:00pm- 3:00pm FOR STAFF MEETING 3:30pm- Thanksgiving Happy Hour w/Cranberry Cocktails &/Music by Scott Bussen	18 11:00am- Morning Exercise (Channel 2501) 1:30pm- Movie Matinee <i>"Grumpy Old Men"</i> 2:00pm- Resident Card Games 3:30pm- Afternoon Walk
19 9:30am- Televised Church Service (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Club 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:30pm- Afternoon Walk	20 9:30am- Improved Health Exercise Video 11:00am- Funny Facts w/Heidi (Front Desk) 1:30pm- Movie Matinee <i>"Blind Side"</i> 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing)	21 9:30am- Improved Health Exercise Video 11:00am- Thanksgiving Trivia w/Heidi (Front Desk) 1:30pm- Thanksgiving Documentary <i>"America's Hidden History: Thanksgiving"</i> 3:00pm- Resident Card Games	22 9:30am- Improved Health Exercise Video 9:30am- Shopping Outing: Neighborhood Walmart 1:15pm- Sit and Be Fit 2:00pm- Thanksgiving Craft 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	23 THANKSGIVING DAY 9:00am- Macy's Thanksgiving Day Parade w/Donuts & Hot Cocoa (Televised in the Bistro & on NBC Channel 3) 2:00pm- Thanksgiving Tea 3:30pm- Thanksgiving Bingo Bonanza	24 9:30am- Improved Health Exercise Video 11:00am- Bible Study 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:30pm- Happy Hour w/Music by Wes Dickinson	25 11:00am- Morning Exercise (Channel 2501) 1:30pm- Movie Matinee <i>"Meet Me in St. Louis"</i> 2:00pm- Resident Card Games 3:30pm- Afternoon Walk
26 9:30am- Televised Church Service (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Club 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:25pm- Televised NFL Game: Chiefs @ Raiders (CBS in Bistro)	27 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing) 4:15pm- Funny Facts w/Carrie	28 9:30am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Wheel of Fortune 3:30pm- Farkle	29 9:30am- Improved Health Exercise Video 11:00am- This Month in History 1:15pm- Sit and Be Fit 2:00pm- Book Discussion Group 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	30 9:30am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Poker 3:30pm- Health Talk w/Lisa Murphy <i>"Depression"</i>		