

# December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 9:30am- Improved Health Exercise Video 11:00am- Bible Study 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:30pm- Happy Hour	<b>2</b> 11:00am- Morning Exercise (Channel 2501) 1:30pm- Christmas Movie <i>"Christmas with the Kranks"</i> 2:00pm- Resident Card Games 3:30pm- Afternoon Walk
<b>3</b> 9:30am- Televised Church Service (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Club 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:30pm- Afternoon Walk 7:20pm- Televised NFL Game: Chiefs @ Packers (NBC Channel 3)	<b>4</b> 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing) 4:15pm- Funny Facts w/Carrie	<b>5</b> 9:30am- Improved Health Exercise Video 11:00am- Morning Devotional (Front Desk) 1:15pm- Sit and Be Fit 2:00pm- Wheel of Fortune 3:30pm- Farkle	<b>6</b> 9:30am- Improved Health Exercise Video 9:45am- Christmas Shopping Outing: The Vintage Peddler 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:45pm- Christmas Carols w/Headington Hill Classical Academy 5:30pm- Christmas Lights Tour (Outing) 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	<b>7 Pearl Harbor/Hanukkah</b> 9:30am- Improved Health Exercise Video 11:00am- Morning Devotional  1:15pm- Sit and Be Fit 2:00pm- Be Well w/Aegis <i>"Emotional Well-Being During the Holidays"</i> 2:30pm- Movie Documentary <i>"Remember Pearl Harbor"</i> 4:00pm- Pearl Harbor Trivia 5:30pm- Christmas Lights Tour (Outing)	<b>8</b> 9:30am- Improved Health Exercise Video 11:00am- Bible Study 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:30pm- Happy Hour	<b>9</b> 11:00am- Morning Exercise (Channel 2501) 2:00pm- Music w/Kenny Key & Juanita Lee 3:30pm- Afternoon Walk
<b>10</b> 9:30am- Televised Church Service (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Club 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:25pm- Televised NFL Game: Chiefs vs Bills (CBS in Bistro)	<b>11 Wear Cozy Pajamas</b> 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing) 4:15pm- Funny Facts w/Carrie	<b>12 Wear an Ugly Christmas Sweater</b> 9:30am- Improved Health Exercise Video 9:45am- The Keeter Center Lunch Outing @ College of the Ozarks 11:00am- Funny Facts w/Heidi (Front Desk) 1:30pm- Christmas Movie <i>"Miracle on 34<sup>th</sup> Street (1947)"</i> ***BISTRO RESERVED 2pm-3pm FOR STAFF MEETING*** 3:30pm- Music w/Symphony Brass Quintet	<b>13 Wear Candy Cane Red &amp; White</b> 9:30am- Improved Health Exercise Video 9:30am- Christmas Shopping Outing: Hobby Lobby 12:00pm- Photos w/Santa Tim (Dining Room) 2:00pm- Annual Christmas Party w/Music by The Happy Hour Prices 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	<b>14 Dress as Santa, a Reindeer or an Elf</b> *No Exercise Classes Today- Fitness Room Reserved for Podiatrist 11:00am- Prayer Meeting 2:00pm- Hymns & Communion w/Chaplain Elizabeth 3:30pm- Making Gingerbread Houses w/Carrie	<b>15 Wear Red &amp; Green or Christmas-Themed</b> 9:30am- Improved Health Exercise Video 11:00am- Bible Study 1:15pm- Sit and Be Fit 2:00pm- Early Happy Hour w/Music by Happy Plunkers 3:30pm- Bingo	<b>16</b> 11:00am- Morning Exercise (Channel 2501) 1:30pm- Christmas Movie <i>"White Christmas"</i> 2:00pm- Resident Card Games 3:30pm- Afternoon Walk
<b>17</b> 9:30am- Televised Church Service (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Club 2:30pm- Christmas Service w/One Community Church (Bistro) 3:30pm- Afternoon Walk	<b>18</b> 9:30am- Improved Health Exercise Video 11:00am- Funny Facts w/Heidi (Front Desk) 1:30pm- Hand Massages w/Heather 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing) 6:00pm- Candlelight Christmas Service w/Kevin & Heidi Kolb	<b>19</b> 9:30am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Christmas Pictionary w/Heather 3:30pm- Christmas Swap Meet	<b>20</b> 9:30am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:00pm to 2:00pm- Coffee & Cookies w/Heather (Fitness Room) 2:00pm- Music w/Isaac Kenneth 3:30pm- Bingo 6:30pm- Christmas Caroling w/Susan Garard & Company (Hallways/Common Areas)	<b>21 FIRST DAY OF WINTER</b> 9:30am- Improved Health Exercise Video 11:00am- Bible Study 1:15pm- Sit and Be Fit 2:00pm- Music w/The Bridgetones 3:30pm- Holiday Craft w/Heather	<b>22</b> 9:30am- Improved Health Exercise Video 11:00am- Blessing Bags w/Heather 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:30pm- Happy Hour w/Eggnog & Music by Gary Collins	<b>23</b> 11:00am- Morning Exercise (Channel 2501) 1:30pm- Christmas Movie <i>"The Man Who Invented Christmas"</i> 2:00pm- Resident Card Games 3:30pm- Afternoon Walk
<b>24 CHRISTMAS EVE</b> 9:30am- Televised Church Service 1:30pm- Puzzle Club 2:30pm- Church Service 3:30pm- Afternoon Walk 6:30pm- Televised Christmas Eve Service	<b>25 CHRISTMAS DAY</b> 11:00am- Cocoa & Christmas Trivia w/Geneva (Front Desk) 12:00pm- Televised NFL Game: Chiefs vs Raiders (CBS in Bistro) 1:30pm- Christmas Puzzle Games (Front Desk) 2:30pm- Christmas Movie <i>"It's a Wonderful Life"</i> 3:30pm- Resident Card Games	<b>26</b> 9:30am- Improved Health Exercise Video 11:00am- Morning Devotional 1:30pm- Farkle 3:00pm- Country Drive (Outing) 3:30pm- Blackjack	<b>27</b> 9:30am- Improved Health Exercise Video 9:30am- Shopping Outing: Neighborhood Walmart 1:15pm- Sit and Be Fit 2:00pm- Book Discussion Group 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	<b>28</b> 9:30am- Improved Health Exercise Video 11:00am- This Month in History 1:15pm- Sit and Be Fit 2:00pm- Travel Time w/Karen <i>"A Trip to Ireland"</i> 3:30pm- Health Talk w/Lisa Murphy <i>"Hospice 101"</i>	<b>29</b> 9:30am- Improved Health Exercise Video 11:00am- Bible Study 1:15pm- Sit and Be Fit 2:00pm- Bingo 3:30pm- Happy Hour w/A Champagne Toast to the New Year	<b>30</b> 11:00am- Morning Exercise (Channel 2501) 1:30pm- Movie Matinee <i>"While You Were Sleeping"</i> 2:00pm- Resident Card Games 3:30pm- Afternoon Walk
<b>31 NEW YEAR'S EVE</b> 9:30am- Televised Church Service 1:30pm- Puzzle Club 2:30pm- Church Service 3:25pm- Televised NFL Game: Chiefs vs Bengals (CBS in Bistro)						