



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9:15am- Improved Health Exercise Video 10:30am- Emily Ricca the Professional Ballerina 1:15pm- Sit and Be Fit 2:00pm- Be Well w/Aegis Health Talk "Improving Quality of Life" 3:30pm- Blackjack	2 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 3:30pm- Happy Hour	3 11:00am- Morning Exercise (Channel 2501) 1:30pm- Movie Matinee "Rocky" 2:00pm- Resident Card Games 3:30pm- Afternoon Walk
4 9:30am- Televised Morning Message (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Time 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:30pm- Afternoon Walk	5 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing)	6 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:00pm- Primary Election (Outing) 2:00pm- Singing Group 3:00pm- Farkle	7 9:15am- Improved Health Exercise Video 11:00am- Funny Facts (Front Desk) 1:30pm- Movie Matinee "Eddie the Eagle" 3:30pm- Coffee, Cookies & Card Games 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	8 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Monthly Prayer Meeting 2:00pm- Hymns & Communion w/Chaplain Elizabeth 3:30pm- Poker	9 9:15am- Improved Health Exercise Video 10:30am- Book Endorsement & Discussion "Following Christ-God's Word: Basic Truths & Guiding Principles" w/Author Jan Bloch 1:30pm- Bingo 3:30pm- Happy Hour	10 11:00am- Morning Exercise (Channel 2501) 1:30pm- Movie Matinee "Secondhand Lions" 2:00pm- Resident Card Games 3:30pm- Afternoon Walk
11 9:30am- Televised Morning Message (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Time 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:30pm- Afternoon Walk	12 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing)	13 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional (Front Desk) 1:30pm- Educational Program "Legacy Films" Presented by: Billie Wiegand Mountain Pine Studios (Clubhouse) 2:00pm- Wilson's Creek National Battlefield Drive-Thru Tour (Outing) 3:30pm- Travel Time "Wildest California" (Bistro)	14 9:15am- Improved Health Exercise Video 11:00am- Chicken Soup for the Soul Reading 1:15pm- Sit and Be Fit BISTRO RESERVED FOR STAFF MEETING 2:00PM – 3:00PM 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	15 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Dickerson Park Zoo "Animals of Australia" 3:30pm- Blackjack	16 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 3:30pm- Happy Hour w/Music by Dante Rebori	17 11:00am- Morning Exercise (Channel 2501) 1:30pm- Movie Matinee "Guarding Tess" 2:00pm- Resident Card Games 3:30pm- Afternoon Walk
18 9:30am- Televised Morning Message (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Time 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:30pm- Afternoon Walk	19 Muffin Monday 9:15am- Improved Health Exercise Video 10:30am- Muffins & Coffee Social 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing)	20 Tea Time 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:30pm- Afternoon Tea 3:00pm- Farkle	21 Ice Cream Sandwich Day 9:15am- Improved Health Exercise Video 9:30am- Shopping Outing: Neighborhood Walmart 1:15pm- Sit and Be Fit 2:00pm- Ice Cream Sandwiches & Music w/Isaac Kenneth 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	22 Popsicle Party 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:30pm- Poker 3:00pm- Popsicles & Paint Party w/Susan Jones	23 Wonderful Watermelon 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 3:30pm- Happy Hour w/Fresh Watermelon & Watermelon Wine	24 11:00am- Morning Exercise (Channel 2501) 2:00pm- Music in the Bistro "Just Piano" 3:30pm- Afternoon Walk
25 9:30am- Televised Morning Message (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Time 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:30pm- Afternoon Walk	26 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing)	27 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional (Front Desk) 1:15pm- Springfield Underground Tour (Outing) 2:30pm- Resident Card Games 3:30pm- Travel Time "Wildest Galapagos: In the Grip of the Ocean" (Bistro)	28 9:15am- Improved Health Exercise Video 9:30am- Shopping Outing: Target 1:15pm- Sit and Be Fit 2:00pm- Trip Presentation w/Heather: A Cruise to Alaska 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	29 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Blackjack 3:30pm- Health Talk w/Lisa Murphy "Deconditioning"	30 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 3:30pm- Happy Hour w/Music by Rowdy	31 11:00am- Morning Exercise (Channel 2501) 1:30pm- Movie Matinee "The First Wives Club" 2:00pm- Resident Card Games 3:30pm- Afternoon Walk