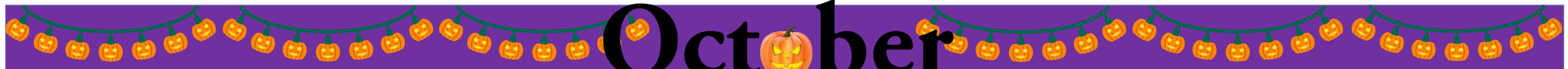




October



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Travel Time 3:00pm- Farkle	2 FITNESS ROOM RESERVED FOR PODIATRIST: NO EXERCISE CLASSES TODAY 2:00pm- Learn a New Game: 7 Card Stud Poker 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	3 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Wheel of Fortune 3:30pm- 7 Card Stud Poker	4 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 3:30pm- Happy Hour w/Music by Rev. Paul the Red Shoe Singer	5 11:00am- Morning Exercise (Channel 2501) 2:00pm- Music w/McClurg Musicians (Bistro) 3:30pm- Afternoon Walk
6 9:30am- Televised Morning Message (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Time 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:30pm- Afternoon Walk	7 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:15pm- Movie Matinee <i>"The Gambler (1980)"</i> 3:00pm- Country Drive (Outing) 3:30pm- Resident Card Games 7:15pm- Televised NFL Game: Chiefs vs. Saints (ESPN)	8 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:00pm- Afternoon Shopping Outing: T.J. Maxx 3:00pm- Farkle	9 9:15am- Improved Health Exercise Video 11:00am- Chicken Soup for the Soul Reading 1:15pm- Sit and Be Fit 2:00pm- Dickerson Park Zoo Presents <i>"Animals of the Night"</i> 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	10 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Monthly Prayer Meeting 2:00pm- Hymns & Communion w/Chaplain Elizabeth 3:30pm- Texas Hold'em	11 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 3:30pm- Song Request Happy Hour	12 11:00am- Morning Exercise (Channel 2501) 1:30pm- Movie Matinee <i>"October Sky"</i> Bistro Reserved for Private Family Party 2:00pm – 4:00pm 3:30pm- Afternoon Walk
13 9:30am- Televised Morning Message (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Time 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:30pm- Afternoon Walk	14 COLUMBUS DAY & INDIGENOUS PEOPLES' DAY 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing)	15 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:30pm- Walk to End Alzheimer's Market Fundraiser 3:00pm- Farkle	16 9:15am- Improved Health Exercise Video 11:00am- Chicken Soup for the Soul Reading 1:15pm- Sit and Be Fit 2:00pm- Music w/Isaac Kenneth 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	17 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Fall Craft w/Rachael from Good Shepherd Hospice 3:30pm- Blackjack	18 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 3:00pm- Family Fall Festival Happy Hour w/Music by Melinda Mullins	19 11:00am- Morning Exercise (Channel 2501) 1:30pm- Halloween Movie <i>"Hocus Pocus"</i> 2:00pm- Resident Card Games 3:30pm- Afternoon Walk
20 9:30am- Televised Morning Message (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Time 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:25pm- Televised NFL Game: Chiefs @ 49ers (Fox)	21 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing)	22 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Springfield Underground Drive-Thru Tour (Outing) BISTRO RESERVED 2:00pm – 3:00pm FOR STAFF MEETING 3:30pm- Bingo	23 9:15am- Improved Health Exercise Video 11:00am- Halloween Fun Facts & Trivia (Front Desk) 1:15pm- Sit and Be Fit 2:00pm- Halloween Cookie Decorating 3:00pm- Travel Time <i>"Route 66 Ghost Towns & Abandoned Places"</i> (Bistro) 6:00pm- Halloween Music Class w/Kindermusik Kids	24 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional (Front Desk) 2:00pm- Pressed Flowers Craft w/Debbie 3:30pm- Health Talk w/Lisa Murphy <i>"Lung Health"</i>	25 "Black Friday" (Wear All Black) 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 2:00pm- Creatures of the Night Presentation by Keith 3:30pm- Happy Hour w/Halloween Punch & Music by Marshall Hill	26 Trick-or-Treat Day (Wear Halloween Accessories) 11:00am- Morning Exercise (Channel 2501) 2:00pm- TRICK-or-TREAT! 3:30pm- Afternoon Walk
27 Sports Day (Wear Sports Attire) 9:30am- Televised Morning Message (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Time 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:25pm- Televised NFL Game: Chiefs @ Raiders (CBS in Bistro)	28 Animal Day (Wear Animal Ears & Prints) 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing)	29 Cowboys & Witches Day (Wear Cowboy or Witch Hats) 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Music w/The Bridgetones 3:00pm- Farkle	30 Pumpkin Day (Wear Pumpkins & Orange) 9:15am- Improved Health Exercise Video 9:30am- Shopping Outing: Neighborhood Walmart 1:15pm- Sit and Be Fit 2:00pm- Pumpkin Painting 3:30pm- Halloween Bingo Bonanza 6:30pm- Televised Wednesday Night Church Service (Channel 2501)	31 HALLOWEEN (Wear a Costume) 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 2:00pm- Costume Contest & Halloween Social 3:30pm- 5 Card Draw Poker	